

### NP & PA Prescribing Of Buprenorphine For TennCare Members

**CMHCs & FQHCs** 

1. Overview of the NP PA Prescribing of Buprenorphine for TennCare members

2. Provider Initiation of Contracting



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### **PC 761**



### State of Tennessee PUBLIC CHAPTER NO. 761

HOUSE BILL NO. 656

By Representatives Matthew Hill, Haston

Substituted for: Senate Bill No. 1060

By Senators Dickerson, Yarbro, Briggs, Massey

AN ACT to amend Tennessee Code Annotated, Title 33; Title 53; Title 63 and Title 68, relative to the prescribing of buprenorphine.

#### BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF TENNESSEE:

SECTION 1. Tennessee Code Annotated, Section 53-11-311(c), is amended by deleting the subsection and substituting instead the following:

(c)

- (1) Notwithstanding any other provision of this title, and except as otherwise provided in subdivision (c)(2), a physician licensed under title 63, chapter 6 or 9, is the only healthcare provider authorized to prescribe any buprenorphine product for any federal food and drug administration approved use in recovery or medication-assisted treatment.
- (2) Healthcare providers not licensed pursuant to title 63, chapter 6 or 9, and who are otherwise permitted to prescribe Schedule II or III drugs under this title, are prohibited from prescribing any buprenorphine product for the treatment of opioid use disorder unless the provider:
  - (A) Is licensed and has practiced as a family, adult, or psychiatric nurse practitioner or physician assistant in this state;
  - (B) Has had no limitations or conditions imposed on the provider's license by the provider's licensing authority within the previous three (3) years;
  - (C) Is employed by a community mental health center, as defined in § 33-1-101, or a federally qualified health center, as defined in § 63-10-601(a), that employs one (1) or more physicians and has adopted clinical protocols for medication-assisted treatment;
  - (D) Is employed at a facility at which healthcare providers are contracted and credentialed with TennCare and TennCare's managed care organizations to treat opioid use disorder with buprenorphine

Nurse Practitioners (NPs) and
Physician Assistants (PAs) are now
authorized to prescribe buprenorphine
to TennCare members if certain
conditions are met

PC 771 dictates the regulations for all NPs and PAs prescribing buprenorphine at a community mental health center (CMHC) (as defined in T.C.A. § 33-1-101) or a federally qualified health center (FQHC) (as defined in T.C.A. § 63-10-601).

## **Buprenorphine Prescribing for TennCare Members (1/2)**

- 1. The NP or PA has an active Medicaid ID assigned by TennCare.
- 2. The NP or PA has an active DATA 2000 Wavier
- 3. The NP or PA has a supervising physician with an active DATA 2000 Waiver
- 4. Specialized in family, adult, or psychiatric medicine



## **Buprenorphine Prescribing for TennCare Members (2/2)**

- 5. The NP or PA is contracted into the MCO's enhanced buprenorphine MAT Provider Network. This Network will now be known as the *Buprenorphine Enhanced Supportive Medication-Assisted Recovery and Treatment (BE-SMART) Network*. All NPs and PAs are knowingly subject to the requirements outlined in the associated MAT Network Program Description.
- 6. The NP or PA attests to the most recent BE-SMART Program Description as approved by TennCare and the MCO.
- 7. The NP or PA has a supervising physician that is contracted within the MCO's BE-SMART Network.



## **PC761 Regulations**

The MCOs are required to confirm and record the following for all NPs and PAs that choose to contract with the MCO to treat members with buprenorphine for Medication Assisted Treatment (MAT):

- 1. The supervising physician does not exceed the limit for number of buprenorphine-prescribing NPs and PAs that can report to him or her:
  - For CMHCs and FQHCs, the supervising physician can oversee a total3 of four (4) NPs and PAs.
- The NP or PA does not exceed their individual patient prescription limit as set forth by the legislation
  - For CMHCs and FQHCs, an NP or PA can only write buprenorphine prescriptions for 50 or fewer patients at a given time.



### **Important Note**

It is up to each MCO to determine which providers to contract with for the MAT Provider Network

Contracting is NOT guaranteed



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## TennCare's Opioid Strategy

#### **Primary Prevention**

limit opioid exposure to prevent progression to chronic opioid use

### Non-Chronic and First Time Users of Opioids

- Implemented rule in January 2018 placing dosage and day coverage allowances on opioid prescriptions for naïve and acute users.
- Increased prior authorization requirements for all opioid refills
- Continued support of nonpharmacological pain management and clinical services, such as physical therapy.

#### **Secondary Prevention**

early detection and intervention to reduce impact of opioid misuse

#### Women of Childbearing Age & Provider Education

- Partnering with Tennessee
   Department of Health to better
   integrate the Controlled
   Substance Monitoring Database
   (CSMD).
- Developed MCO strategy to proactively engage women of childbearing age using opioids based on data and clinical risk.
  - The MCOs have performed thousands of outreaches to women of childbearing age over the past year. This is an ongoing effort by all MCOs.

#### **Tertiary Prevention**

support active recovery for severe opioid dependence and addiction

### Chronic Dependent and Addicted Users

- Increased outreach to chronic opioid users to refer to treatment and prevent overdoses.
- The MCOs are actively building their networks of medication assisted treatment (MAT) provider to broaden access to high quality treatment for opioid and substance use disorder.
- Aligned chronic opioid user MME dosage allowances with CDC chronic pain guidelines.



#### The MAT Network:

## Support active recovery for severe opioid dependence and addiction

#### **Buprenorphine Program Description**

#### Buprenorphine Medication Assisted Treatment (MAT) Program Description Division of TennCare

#### Overview of the Opioid Use Disorder Medication Assisted Treatment Program

The Division of TennCare along with the contracted Managed Care Organizations (MCO), Amerigroup, BlueCare and United Healthcare, has determined the need for a comprehensive network of providers who offer specific treatment for members with opioid use disorder (OUD). These providers may be agencies or licensed independent practitioners, but all must attest to provide treatment as outlined in this program description to be included in this network.

Medication Assisted Treatment (MAT) for persons diagnosed with opioid-use disorder is the use of medications, in combination with counseling and behavioral therapies, to provide a whole-patient approach to the treatment of substance use disorders. Research shows that when treating substance-use disorders, a combination of medication and behavioral therapies is most successful. The duration of treatment should be based on the needs of the persons served. The Food and Drug Administration (FDA) has approved several medications for the use in treatment of opioid-use disorder which include buprenorphine containing products and naltrexone products.

Treatment with buprenorphine for opioid use disorders is considered an evidence-based best practice by the Substance Abuse and Mental Health Services Administration (SAMHSA) Center and the American Society of Addiction Medicine (ASAM) for substance abuse treatment. This Buprenorphine MAT Program Description outlines treatment and clinical care activities expected of providers who prescribe buprenorphine products and professionals who provide therapy, care coordination or other ancillary services for those members who are being treated with buprenorphine products. For providers who prescribe naltrexone based products, refer to Naltrexone MAT Program Description

#### **Naltrexone Program Description**

#### Naltrexone Medication Assisted Treatment (MAT) Program Description Division of TennCare

#### Overview of the Opioid Use Disorder Medication Assisted Treatment Program

The Division of TennCare along with the contracted Managed Care Organizations (Amerigroup, BlueCare and United Healthcare) has determined the need for a comprehensive network of providers who offer specific treatment for members with opioid use disorder. These providers may be agencies or licensed independent practitioners, but all hust attest to provide treatment as outlined in this program description to be included in this network.

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Treatment with buprenorphine and naltrexone for opioid use disorders is considered an evidence-based best practice by the Substance Abuse and Mental Health Services Administration (SAMHSA) Center and the American Society of Addiction Medicine (ASAM) for substance abuse treatment. This naltrexone MAT Program Description outlines treatment and clinical care activities expected of providers who prescribe naltrexone products and professionals who provide therapy, care coordination or other ancillary services for those members who are being treated with naltrexone products. For providers who prescribe buprenorphine based products, refer to Buprenorphine MAT Program Description.

#### The high-quality, specialized MAT Provider Network launched January 1, 2019





There are currently more than 180 newly contracted MAT providers and the number is continuing to increase.

## MAT Program Description: Overview

- The Buprenorphine MAT Program Description is the same for all three MCOs (BlueCare, Amerigroup and United Healthcare)
- The Program Description was developed based on national guidelines (i.e. ASAM,SAMHSA) and is in line with State of Tennessee OBOT guidelines
- Please locate the Program Description on TennCare's Opioid Strategy Page:

https://www.tn.gov/tenncare/tenncare-s-opioid-strategy.html

#### Buprenorphine Medication Assisted Treatment (MAT) Program Description Division of TennCare

#### Overview of the Opioid Use Disorder Medication Assisted Treatment Program

The Division of TennCare along with the contracted Managed Care Organizations (Amerigroup, BlueCare and United Healthcare) has determined the need for a comprehensive network of providers who offer specific treatment for members with opioid use disorder. These providers may be agencies or licensed independent practitioners, but all must attest to provide treatment as outlined in this program description to be included in this network.

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#### **Treatment Elements**

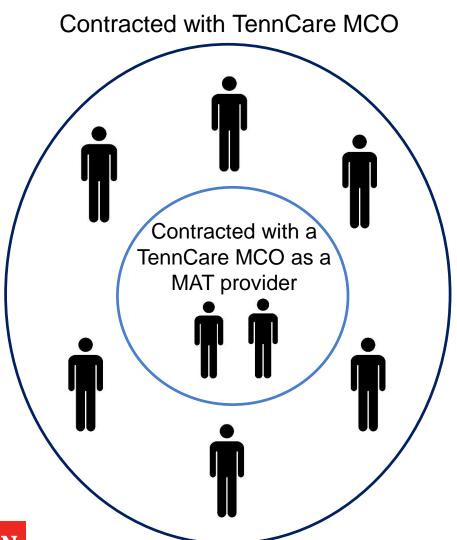
The required treatment elements for providers rendering Medication Assisted Treatment using buprenorphine are as follows:

 The preferred medication would be the buprenorphine/naloxone combination (as covered by the TennCare formulary) for induction as well as stabilization unless contraindicated (e.g. pregnancy) and then the buprenorphine monotherapy is recommended. The buprenorphine/naloxone combination serves to minimize diversion and intravenous abuse.

UHCCP MAT Program Description V1 4.17.18



## What does a "Contracted MAT Provider" mean?



To be a contracted buprenorphine MAT provider, a provider **must**:

- Have a Medicaid ID
- Review and provide all services outlined in the program description requirements
- Attest to the MAT program description for each MCO they contract with
- Contract with each individual MCO they choose

TN

## What will I have to do as a provider to join the network?

- Understand program description and evaluate your current care model Identify any potential gaps or areas for increased support from MCOs Obtain Medicaid Provider ID if needed Indicate interest in joining the MAT network and ability to meet program standard 5 Contract/Re-Contract as a MAT provider with appropriate MCO(s) to join network\*
  - 6 Continue to provide high quality MAT care to TennCare members

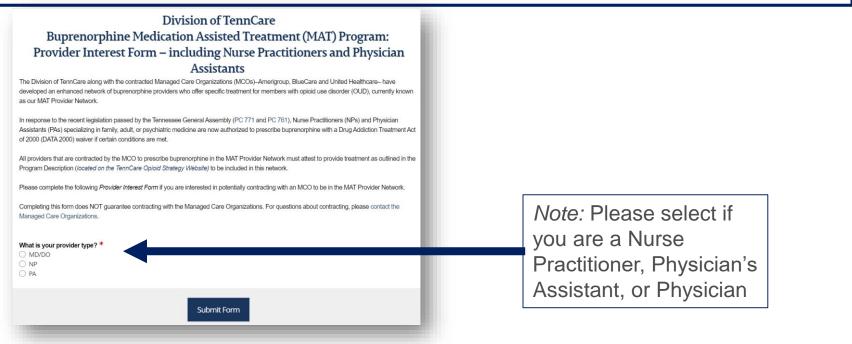


## **Complete Provider Interest Form**

If you are interested in receiving more information or participating in this network, please click the link below to complete the *Provider Interest Form*.

\*Completing this form does NOT guarantee contracting with the Managed Care Organizations.

Direct link to Provider Interest Form: <a href="https://stateoftennessee.formstack.com/forms/bmatp">https://stateoftennessee.formstack.com/forms/bmatp</a>







The Provider Interest Form is located on the TennCare Opioid Strategy webpage: <a href="https://www.tn.gov/tenncare/tenncare-s-opioid-strategy.html">https://www.tn.gov/tenncare/tenncare-s-opioid-strategy.html</a>

## The Webinar will be posted on TennCare's Website

### Link to Webpage with Webinar:

https://www.tn.gov/tenncare/tenncare-s-opioid-strategy.html

\*Webinar will be posted as a separate link on the Opioid Strategy page

#### For more information or questions, please refer to the contacts below:

	Contact Name	MAT Contact Information
TennCare	Mary Shelton Director of Behavioral Health Services	Mary.c.shelton@tn.gov
BlueCare	Melissa Isbell Manager, Behavioral Health Network Strategy and Innovation	MAT_Referral_CM_UM@bcbst.com (copy melissa_isbell@bcbst.com)
Amerigroup	Internal Provider Relations Team	(615) 232-2160
United Healthcare	Provider Customer Service	(800) 690-1606



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### Questions

# Please submit all questions through the chat feature to the Host & Panelists





Thank you!